## Elderday Care Program Activities for:

### November 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
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</tbody>
</table>
| 6      | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Trivia Pursuit  
10:30 Movie (to be announced)  
12:30 Painting  
**Eggplant Parmesan, Salad, Fruit** |
| 13     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Dr. Ahmed Speaking on Growing Old Gracefully  
12:30 Coloring  
**Pizza, Salad, Desert** |
| 20     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Jewish Historical Society  
12:30 Arts and Crafts  
**Baked Ziti, Salad, Desert** |
| 27     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Gabrielle Streich, Elder Attorney  
12:30 Thanksgiving Stories  
**Pasta, Salad, Fruit** |
| **Tuesday** |                                                                                       |
| 8      | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Surprise Speaker  
10:30 Light Chair Yoga  
12:30 Movie  
**Roast Chicken** |
| 15     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Singing  
10:30 Name that Tune  
12:30 Baking in Microwave  
**Roast Chicken** |
| 22     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Hearing Testing  
12:30 Sewing  
**Roast Chicken** |
| **Wednesday** |                                                                                       |
| 1      | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Ian Gallagher - Singer  
12:30 Exercises  
1:00 Massages  
**Roast Chicken** |
| **Thursday** |                                                                                       |
| 16     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Dr. Ahmed Speaking on Growing Old Gracefully  
12:30 Coloring  
**Pizza, Salad, Desert** |
| 23     | 9:00 Meet and Greet  
9:30 Daily Chronicles  
10:00 Gabrielle Streich, Elder Attorney  
12:30 Thanksgiving Stories  
**Pasta, Salad, Fruit** |
| 29     | **Closed for Thanksgiving Day**                                                        |

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*Menu or Food is subject to change at the discretion of the provider.*

*Closed for Thanksgiving Day*