One Community Gala

Our One Community Gala held at Rutgers Hillel was an outstanding success for Jewish Family Services of Middlesex County and the community whom we serve. We accomplished our goal of raising well-over $100,000 which will be put to good use. It will further our mission of helping all the individuals and families in need realize an improved life experience at home, in the workplace, and in the community. We are grateful for the generosity of our sponsors, supporters and to those that helped us by opening their hearts and raising their hands for The Help, Heart & Hand Auction. The funds raised by all the ads and tributes, placed in the well-received ad journal exceeded our expectations. These contributions make a huge difference in the lives of the people who receive help from JFS; whether it’s programs for seniors, women, Holocaust Survivors, families or immigrants.

Beginning with the great cocktail hour, the wonderful photo booth, the lavish buffet, an amazing orchestra and especially being able to recognize the individuals who help make the work of JFS possible, it couldn’t have been better. The evening concluded with a delicious dessert and coffee bar, along with the anticipated Basket Raffle. We were overjoyed to see the number of items contributed by our donor family for this fun part of the evening. The winners left with smiles on their faces and the cruise raffle winner is looking forward to planning his trip.

We are so lucky to have the support from people who believe in JFS. We couldn’t continue our efforts without them. We want to thank everyone that invests in our organization and in the people who benefit from our services. We’ll update you throughout the year with what is happening at JFS and let you know of any upcoming special occasions. We hope you will be part of our next event, where individuals like yourself help us provide the programs and services for individuals throughout Middlesex County!

Call us at any time (732-777-1940) to find out more about Jewish Family Services and how you can assist us in other ways before our next One Community Gala. The kindness and commitment of our donors is what enables us to give our support to the community.

Jeff Einbond
JRecovery began about five years ago, right after Passover, with the support of Jewish Family Services and a local Rabbi, familiar with addiction issues.

I had attended 12-Step meetings in churches where the literature was Christian based. The meetings helped but there was always that feeling of uneasiness. Perhaps because of my Jewish heritage, I felt I did not belong. I expressed my discomfort to my husband, Irving. We thought that there had to be other Jewish 12-Step participants who felt the same. We realized how important it was to develop a 12 step Jewish literature group in Middlesex County where Jewish writings and texts were the basis to help recover from addiction and co-dependency for Jews affected by these issues. That is how JRecovery was born.

JRecovery was established to help the Jewish individual using drugs or alcohol. It supports the Jewish family with a child blacking out from a drunken binge. It can offer hope to a loved one when the person they care for has gotten yet another DWI. The Jewish based 12 step program can give a family strength upon discovering heroin use in the home. JRecovery is there for someone who can’t stop smoking pot or the person addicted to prescription pain killers or shooting heroin. When the world is falling apart and a person steals from family and friends or turns tricks to pay for the next high, JRecovery is there to help.

From the inception the meetings have offered support to individuals, couples and families struggling with addiction. The ever-changing group members have all received the gift of support and serenity from the JRecovery group. It doesn’t matter what position you hold in life, professional titles aren’t used, everyone receives the same support, encouragement and comfort equally.

Each meeting is different. Spiritual teachings by respected leaders in the field such as Rabbi Kerry Olitzky or Rabbi Dr. Abraham Twerski may be shared. We may listen to soothing music, meditations or have a Tai Chi demonstration to invigorate and clear our minds. We have the opportunity to present a topic, bring materials to share or offer suggestions for promoting calmness and serenity in our lives. Whatever the helpful topic, JRecovery allows us to learn more about ourselves and become more of who we want to be.

JRecovery at Jewish Family Services offers Jewish individuals and families struggling with addiction, the courage to face reality, change some of life’s circumstances and accept what we cannot change. JRecovery gives strength, hope and support to people facing addictions and especially to our family and friends. Our confidential group meetings are free. We meet every Monday from 7:30 to 8:30 pm at JFS, 32 Ford Avenue, Second Floor in Milltown. If you can’t attend, call-in: 515-603-3118 pass code: 793614

Reva
Durable Medical Equipment Fraud

By Charles Clarkson, Project Director, Senior Medicare Patrol of New Jersey

Durable medical equipment (wheelchairs, knee and back braces, motorized vehicles, canes, walkers and other equipment) that can assist beneficiaries lead a normal life, is an area ripe with fraud. Annually, DME-related fraud and abuse costs the Medicare and Medicaid program millions of dollars or more. Many fraudulent DME companies have appeared across the country.

Some of the more common scams include: ◆ Fraudulent DME companies work with dishonest physicians or steal a physician’s identity, to medically certify a beneficiary’s need for supplies, steals or purchases Medicare numbers to falsly bill and never deliver. ◆ Costly items include “custom” diabetic shoes, oxygen, nebulizers, and therapeutic mattresses. A beneficiary may be paid a cash “kickback” for selling their Medicare information. ◆ A major fraud concern: Diabetic testing supplies. Beneficiaries (even non-diabetics) are called by unscrupulous providers seeking Medicare information so supplies can be shipped to a patient and billed to Medicare. At times the amount of testing supplies is more than needed even if the service is legitimate.

Beneficiaries can fight back. Here are a few tips on how to do so: ◆ Protect your Medicare number at all times. Keep it at home in a safe place. Don’t carry your Medicare card with you except for doctor or hospital visits. In an emergency you will be treated even without your card. ◆ Never accept “free” Medical equipment or services in exchange for your Medicare number. ◆ Carefully review your Medicare Summary Notice. Make sure Medicare is not billed for undelivered or unnecessary equipment. ◆ Never give unsolicited providers who call your Medicare number and other personal information. DME providers are prohibited from making such calls. ◆ If you suspect fraud, call your NJ Senior Medicare Patrol 877-SMP-4359.

Doctors and other providers are regularly inundated with forms from DME suppliers or requests from patients to approve prescriptions for supplies and other equipment. They are often too busy to perform due diligence. Beneficiaries often fall victim to smooth talking salesmen offering free supplies or may find it appealing to get something for nothing. To help fight the fraud and abuse for DME, Medicare has taken the following steps:

◆ Issued new rules to establish prior approval for certain durable medical equipment, hoping these new rules will prevent unnecessary use of DME.
◆ Established a requirement for prior approval for Power Mobility Devises (such as powered wheelchairs) before the supplier delivers the device to the beneficiary’s home. ◆ Established a competitive bidding program in many areas of the country. This program changes the amount Medicare pays suppliers for certain DME, prosthetics, orthotics and supplies and approves providers who supply these items. ◆ They will only cover your DME if your doctors and DME suppliers are enrolled in Medicare. Doctors and suppliers must meet strict standards to enroll and stay enrolled in Medicare. Claims submitted by doctors or suppliers who aren’t enrolled will not be paid. Ask your suppliers if they participate in Medicare before getting DME. Participating suppliers accept assignment. Suppliers enrolled in Medicare but aren’t “participating,” may choose not to accept assignment and there’s no limit on the amount they can charge you.

Any questions about durable medical equipment and what prior approvals may be necessary, call your State Health Insurance Assistance Program (in NJ-1-800-792-8820.) If you suspect fraud, call the Senior Medicare Patrol in your state (in NJ-732-777-1940.)
We know the caring and professional staff and volunteers at JFS serve our clients and the individuals who need our help with respect, courtesy and compassion. We know they provide the best information possible when they attend fairs or speak at programs. The unsolicited notes, letters and calls we often get say it all.

“Dear Elder Day Personnel,
I wanted to take this brief opportunity to express my sincerest gratitude for Judy Cavaliere. She truly goes far beyond the normal expectations to care for my mom Marilyn C. She treats her with the utmost care and kindness.
My mom has been going to elder day for years now and looks to Judy as family. Judy cares for my mom as if she was her own.
Thank you,
Monty C”

Judy Cavaliere

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Thank you,
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We Care

“Dear Mr. Clarkson,
I would like to let you know what a great organizational representative Angela Ellerbe is. Angela has conducted two presentations at Jefferson Chase one on Medicare Fraud and the other on the new Medicare card.
Each time, she comes to Jefferson Chase, our residents learn so much about Medicare benefits, what to look at for involving Medicare Fraud and Medicare in general. Our residents enjoy her presentations which are always professional and informative.
I am very grateful for the work Angela and your organization provide. Your organization is vital in keeping seniors informed and safe from Medicare fraud. I consider Angela a valuable resource and often contact her with Medicare questions.
Thanks again for the service your organization provides.
Thank you for Angela!
Sincerely,
Sheila Santiago,
Service Coordinator,
Jefferson Chase National Church Residences”

S. F.

A Kosher Meals On Wheels call

“My husband receives meals on wheels three days a week. The people who deliver are wonderful. One is so outstanding, Isabelle Goldman. She makes such beautiful cards, papers with smiley faces, always has a nice thing to say. I am looking at one now, with wonderful little stickers to bring a little joy into the house.
I am speaking for my husband because of his hearing aids he has difficulty on the phone. I just wanted to call and say something positive in this world we are living in. I felt I had to say something about this wonderful volunteer, Isabelle Goldman. I wanted to say thank you. She is a joy and she brings some joy into our house.”

Jerry T.

JFS SERVICES THAT MATTER

CAREER SERVICES
Career Counseling
Women’s Center

COMMUNITY SERVICES
Kosher Food Pantry
Senior Medicare Patrol of New Jersey
JRecovery
Intake and Referral Desk
Volunteer Opportunities

COUNSELING SERVICES
Individual & Family Counseling
Bereavement Groups

IMMIGRATION SERVICES
Citizenship Classes
Immigration Application Assistance
Refugee Services
Legal Representation and Advocacy

SENIOR SERVICES
Kosher Meals on Wheels
Geriatric Care Management
Senior Activity/Lunch Programs
Senior Adult Social Daycare
Socialization Clubs
Holocaust Survivor Services
Assisted Transportation
“First of all, I consider it an honor and privilege for being a citizen of this land of free and the home of the brave.

Since my childhood the “Star Spangled Banner” whose broad red stripes and bright stars have always attracted me. Apart from this, “George Bush” words – America’s greatness was forged by the talents, the hard work and the hopes of people who came to our shore! It was like music to my ears.

I gratefully acknowledge this kindness of these concerned, who made my path towards naturalization smooth and easy.

My journey began as I entered the Jewish Family Organization with hopes and fears. There I met a young girl Jennifer with a brilliant smile. That enlightened me like spring and summer. She filled my naturalization form that was my first step, then for citizenship classes. My citizenship form was taken to Debby Alter. A graceful lovely lady. Who approved my form and gave me new hope. This was my second step towards naturalization.

Peacefully I went back home and forgot all about it. Then nearly a month passed and one day suddenly out of the blue, I received a notice from the federal department summoning me for finger prints, it alarmed me. Now I realized that I knew almost nothing about the most powerful country. I ran to the closet and look on the book Jennifer gave me to prepare for this test along with the phone numbers for Citizenship classes. Without wasting any time, I contacted the receptionist and decided to join the classes. The following Monday after my morning prayers at 5 o’clock, I quickly completed my household work and set out for my naturalization classes at 9:45AM.

It took me about a half an hour to reach the place. The elevator landed me on the 3rd floor of the family success center. I opened the door and met the receptionist Betsy another young pretty girl, who greeted me with a charismatic smile. I bounced back to life. With quick footsteps I entered my classroom. It would not be wrong to call my instructor (John the Baptist)

John’s friendly but stern approach as a teacher and tutor helped me in understanding the path to become a US citizen. I further observed that John baptized his students with courage, hope and inspiration. His great patience reminded me of my nursery rhyme. Let in kindly light amid gloom, lead me on. The night is dark and I am far from home lead me on. Indeed John brighten my road to naturalization and in every class, he drew me nearer and near to the final victory. John Tello thank you so much, I mean it!

Our class was a mixed group, representing all the major countries, religion and culture. I felt so proud to be one of them. All excellent human being. It was like another family to me. We all help and push each other to keeping doing better. A few to mention, the rest I apologize I just can’t forget Mrs. Chin her innocent and child like replies specially when she answers that my hair was black when I was young and now that’s she’s old it’s white. Mersella young and energetic. Mercedes sound a plum but attractive, Sabara’s confusion in understanding the questions. Rosa, Henry, Solanki standing up to answer the question that John asked. John made the class so interesting that I was eager to go every Monday to show him that I did my homework.

The mock interviews that John did with us helped me a great deal.

I am sure all my classmates are agree that the ideals and principles laid down in the Constitution of U.S are not just paperwork but they mean it: The Principle of right to life, liberty, and pursuit of happiness are practiced in real sense. The bare of foundation of America’s greatness is honesty the best policy.

Here you do not have to fear, what you say, what you write and whom your worship. These unalienable rights practiced freely throughout the United States makes America great.

America’s greatness lies in the power of the people (We the people) apart from innumerable inventions and discoveries.

America’s greatness is reflected in Martin Luther King, in Susan B. Anthony, in Mohd Ali Khila, in John Roberts, in Abraham Lincoln, John F. Kennedy, etc.

All religions, sects, races, in short the entire human species is safe in America. This is the beauty of this country. Now I feel proud to say “This is my Country!” A land of peace and happiness.”
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For over 110 years, PARKER has been challenging, changing, and expanding what it means to grow older in America.

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YOUR HELP MAKES THINGS HAPPEN!
JFS HELPS PEOPLE DIRECTLY.
Our staff and volunteers see the faces of those we support every day. They see the look of relief, when counseling offers encouragement, a widower’s face in a bereavement group, when someone understands, the smiling face of a Holocaust survivor when a volunteer knocks on the door, the look of accomplishment when new skills are learned at the Women’s Center and the immigrant beaming with happiness upon receiving a citizenship certificate. JFS serves with caring, compassion and respect. Your contributions make it possible.

**Do You Know Who Calls JFS?**

**Senior Nutrition Program**
From April through June 2018, 1,076 meals were served at JFS Senior Nutrition Programs (CAMEO)

**Support Staff**
Support Staff answered 8,749 calls between January 1 to April 30, 2018

**Drivers**
Sandy and Alan provided 1,040 rides to seniors from January 1 to April 30, 2018

**Immigration & Refugee Services**
In the last quarter, April through June 2018, 82 immigration clients and citizenship students became U.S. citizens

**Fund Development**
Generated over 500 donors thank you letters in the first two weeks of May